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“A Review on Nadi Pariksha Yantra”

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ABSTRACT

The pulse measurement is documented using Nadi Pariksha which is used by Ayurveda for identifying diseases and various psychological conditions. Traditional Chinese Medicine, Traditional Korean Medicine and Ayurveda have great experience in wrist pulse analysis, which checks the health condition and its root cause of a human. Bestowing to ancient prose, Vata, Pitta, and Kapha are the three important parameters to check the health status of the person. These three dosha are used to analyse the root cause. Hence it is necessary to study the pulse imbalance through modern signal processing techniques. This paper reviews the traditional method of Nadi Pariksha demarcated in Ayurveda class and recent advances in pulse, other feature extraction methods used to detect multiple diseases are discussed.

Keywords: Kapha, Nadi Pariksha, Vata, Pitta



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